



Gran Gran's Ice Lollies Plan!



What you'll need:

Lolly sticks

Lolly moulds

Blender

Fruit of choice

Fruit juice of choice



1

Ask your grown-up to help cut up your fruit of choice.

2

Ask grown-up to put chopped fruit into blender and add fruit juice of choice.

3

Blend the fruit and juice together until smooth.

4

Pour liquid from the blender into the lolly moulds and add the lolly sticks.

5

Leave over night in the freezer until the liquid is frozen.

6

Take the ice lollies out of the moulds and enjoy!