

# How to make a bath bomb



## Introduction

Make these fizzy bath bombs and give to a friend or family member as a lovely gift! Don't forget to take a picture and send it to us at [bluepeter@bbc.co.uk](mailto:bluepeter@bbc.co.uk)

## You will need

- ✓ 2 x cups bicarbonate of soda
- ✓ 1 x cup cream of tartar
- ✓ 1 tsp food colouring
- ✓ 2 tsp food flavouring
- ✓ Mixing bowl
- ✓ Ice cube or cookie tray
- ✓ Gloves
- ✓ Spritzer or spray bottle with water inside
- ✓ Decorations (ribbon, paper, labels)

## Instructions

### Step 1



Mix the cream of tartar and bicarbonate of soda in bowl with your fingers.

### Step 2



Add the food colouring and food flavouring to the bowl and mix using your hands. The mixture may become clumpy but you can turn the clumps back into powder by rubbing them.

### Step 3



Using the spritzer or spray bottle, spray some water onto the mixture and keep mixing it together. You only need a little bit so only add a bit at a time.

### Step 4



Spoon the mixture into your ice cube tray or cookie moulds and press down with your fingers. Leave to dry somewhere warm and dry overnight.

### Step 5



Gently tap them out of the mould and wrap them up nicely using tissue paper, ribbon and bags. Make sure the bath bombs are used within a few weeks, otherwise they will lose their fizz!