GO-ANYWHERE NOODLES

INGREDIENTS - SERVES FOUR

1 heaped tbsp grated root ginger

1 red chilli, deseeded, finely chopped (optional)

3 tbsp dark soy sauce/tamari

2 tbsp sesame oil

1 clove garlic, finely grated

4 tsp vegetable or chicken bouillon powder

3 x 60g nests uncooked medium egg noodles

80g sugar snap peas, halved lengthways

2 baby pak choi, shredded

1 red or orange pepper, deseeded, cut into strips

1 carrot, peeled, cut into matchsticks or spiralized

200g cooked king prawns or ready cooked chopped chicken

2 spring onions, sliced

Handful fresh Coriander leaves, to serve (optional)

1.2 litre boiling water



You will need: - 4x 500ml kilner jars

METHOD

- Mix together the ginger, chilli, soy sauce, sesame oil, garlic. Add a pinch of salt and a good grinding of black pepper, then divide everything between 4 kilner jars. Place a teaspoon of vegetable or chicken bouillon into each jar.
- Cook the noodles according to the packet instructions, drain and then divide between the jars.
- Split the rest of the ingredients between the kilner jars.
- When you are ready to serve, pour 300ml of boiling water into each jar, put the lid on the jar and shake it. Then leave to heat through for a couple of minutes.

Serve with a handful of coriander leaves scattered over the top.



