

# Red Velvet Whoopie Pies



Makes: 6

## Ingredients ▶

### For the pies ▶

- ▶ 190g caster sugar
- ▶ 115g butter
- ▶ 2 large eggs
- ▶ 60ml vegetable oil
- ▶ 1tsp vanilla bean paste
- ▶ 1 tbsp red food colouring
- ▶ 360g plain flour
- ▶ 60g cocoa powder
- ▶ 1 tsp baking powder
- ▶ 1 tsp bicarbonate of soda
- ▶ ½ tsp salt
- ▶ 350ml milk

### For the marshmallow filling ▶

- ▶ 3 eggs - whites only
- ▶ 2 tbsp liquid glucose
- ▶ 2 tbsp corn syrup
- ▶ 150g fondant icing sugar
- ▶ 1 tsp vanilla extract
- ▶ Handful of mini marshmallows



Junior  
**BAKE OFF**

## Red Velvet Whoopie Pies

### Method ▶



- ▶ Pre heat oven to 185C.
- ▶ Using a stand mixer fixed with a paddle attachment, cream the sugar and butter together, then add the eggs one at a time.
- ▶ Add oil, vanilla bean paste and food colouring to make a wet mixture.
- ▶ In a separate bowl mix together all of the dry ingredients to make a dry mixture.
- ▶ Add half of the dry mixture to the wet mixture, as well as half of the milk and mix to combine.
- ▶ Add the remaining dry mixture and the remaining milk making sure all the ingredients are fully combined. Check that it is all red with no streaks or pockets of flour.
- ▶ Place a plain nozzle into a piping bag, snip off the end and place a clothes peg just above the nozzle to stop the mixture running out.
- ▶ Place the mixture carefully into the piping bag; remove clothes peg and pipe 12 equal circles onto a prepared baking sheet.
- ▶ Cook for 17 minutes and when the pie circles are cooked, remove from the oven and allow to cool on baking trays.
- ▶ To make the marshmallow fluff, whisk the egg whites in a metal bowl using a stand mixer.
- ▶ When the whites are frothy add the glucose, vanilla extract and the corn syrup; continue to whisk.
- ▶ Keep whisking and gradually add the icing sugar to make a thick and shiny meringue.
- ▶ Place marshmallow fluff into a piping bag fitted with a metal star nozzle.
- ▶ When the whoopees are totally cool pipe a swirl of marshmallow onto the flat side of the circles, and then place a few mini marshmallows on top and sandwich together with another circle.
- ▶ Repeat until you have 6 completed whoopie pies.

