

Match of the Day Kickabout

Pineapple, Kiwi and Grape Skewers



You will need

- ✓ 1 Kiwi
- ✓ 50g Pineapple
- ✓ 50g Grapes
- ✓ Skewers

Instructions

Step 1

Carefully chop the fruit into bitesize pieces.

Step 2

Place a grape on the skewer, then a piece of the pineapple, then a piece of kiwi and repeat until the skewer is almost full.

Makes 2 skewers

Top Tip: You don't have to stick to these fruits, you can use whatever you have at home or whatever is in season.