

Froggy Fruit Salad

Method



Ingredients

- 1 small melon.
- 1 pear, peeled and cut into cubes.
- A small bunch of red and green grapes, washed and sliced.
- 1 banana, peeled and sliced.
- 1 kiwi, one half chopped into pieces and the other cut into thick slices.
- $\frac{1}{2}$ punnet of blueberries, washed.
- 100g plain yoghurt.
- The juice of $\frac{1}{2}$ a lemon.
- 2 icing eyes.

1. Blend the yoghurt with a few blueberries into a blender. Then pour into a bowl to make a lovely smoothie pond.

2. To make your fruity frog, get a grown-up helper to very carefully cut a slice out of the melon. You want a big mouth to make sure you can fit all your fruit inside!

3. Scrape out the inside of the melon and add to a mixing bowl, along with the rest of the chopped fruit.

4. Add the lemon juice and stir. This stops all the fruit going brown. Then scoop all the fruit salad back into the melon.

5. With your leftover melon slice, you can carefully cut out some froggy feet.

6. For decoration we can make some froggy eyes. Use two kiwi slices, some grape halves and two icing eyes. Use a cocktail stick to carefully attach them to the melon.

7. To finish off your royal dish, you can give your Frog Prince a little paper crown!